

SIES COLLEGE OF COMMERCE AND ECONOMICS  
(AUTONOMOUS)

INDIAN ETHOS IN PRACTICE

Course objectives:

1. To orient students on values propagated by Indian Philosophy & Culture.
2. To facilitate integration of values as a way of life.
3. Nurturing life-skills to accomplish holistic living
4. Empower students to be nation builders & contributing to world peace.

Introduction to self-management Indian Philosophical perspective Vivekananda/  
Aurobindo

Theory of Purusharth Relevance of Values

Life skills Mentoring the right values.

Global Issues –Dimensions of Lok Sangrah & Nishkaam karm.

Dynamics of self-management Gita and Self-Management

Case Study on relevance of values in self -management & leadership

Life skills “Motivation for being a better you”

Discussion on Global issues –Best practices for peace, prosperity and progress

Total teaching training hrs	20hrs
Inauguration/Certification	4 hrs
Activity based learning's (Projects/presentations/quiz/role-plays)	4 hrs
Examination/evaluation	2 hrs
Total Hrs of the course	30 hr



Dr. Shanti Suresh